

## Roger Wheelock, Community Shaman – Adult Scope of Services

I offer two basic services to clients requesting a session. Both are based on the practices of the indigenous Quechua people of the Peruvian Andes, the direct descendants of the Incas. These healers and ceremonialists call themselves paqos (often referred to as shamans). I am fully trained and initiated as a pampamesayok paqo.

### Cleansing and Illuminating the Andean Energetic Gates

As a paqo, I am able to see and interact with the energetic bubble that surrounds our bodies, analogous to an aura. Within this energetic bubble are gates. I remove dense energy from these gates. Then the gates are re-energized with energy to activate vitality, passion and creativity in the client. The gates are located at the brow, the throat, the heart, slightly below the navel, the palm of the right hand, the palm of the left hand and between the feet. Prior to the beginning of a session, I check in with clients to allow them to address any concerns. The client then lies face up on a massage table while I remove dense energies inhibiting the client. This is called the cleansing. After these energies are removed and released, I flow clean, high frequency energy in through each of the gates in a process called the illumination. During the energetic work I will be using a rattle, drum, crystals, bells, feathers and flute. Some light non-obtrusive touching may be involved. Soft music will be playing in the background. I will provide some level of explanation as I move through the energetic processes. The entire experience is gentle, compassionate and caring.

### Divination

In a divination the client brings three questions of concern to me, seeking additional information and insights regarding important life choices. The first two questions are of a serious nature and the third is light hearted. My divination practice is based on the Peruvian technique of reading coca leaves. However, I use small polished stones in place of the coca leaves. The client holds the stones in the palms of the hand. Then the client speaks the question into the stones. The client releases the stones onto a special divination cloth, and I read the energetic rhythms and patterns related to the issue of concern. With each issue, the stones are dropped three times: once for where the situation currently stands, a second time for the resolution of the issue, and a third time for how things are after the issue is resolved. The information obtained during the divination is used to guide a client in making personal choices, not to instruct a client to do one thing or the other. The best questions are open ended in nature, not simple yes/no inquiries. During the divination session, I assist the client in clarifying the nature of each question. An audio recording is made of the entire session. The audio file is furnished to the client soon after the session has been completed.

Either type of session lasts 90 minutes. Fee is based on a sliding scale of \$60 - \$90, based on ability to pay. (Sessions are not meant replace the services of trained medical doctors and psychotherapists.)